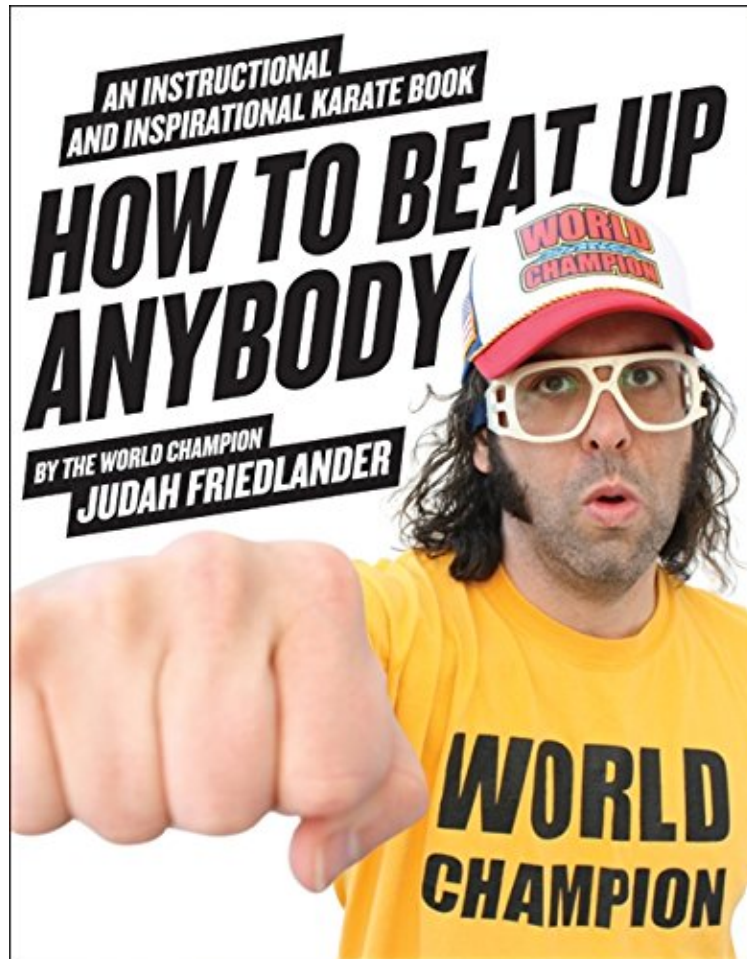


[Download] How to Beat Up Anybody: An Instructional and Inspirational Karate Book by the World Champion

How to Beat Up Anybody: An Instructional and Inspirational Karate Book by the World Champion

Judah Friedlander

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Judah Friedlander : How to Beat Up Anybody: An Instructional and Inspirational Karate Book by the World Champion before purchasing it in order to gage whether or not it would be worth my time, and all praised How to Beat Up Anybody: An Instructional and Inspirational Karate Book by the World Champion:

0 of 0 people found the following review helpful. Best story ever writtenBy Ned C. HoltBoom, this guy rocks! Best story ever written, bar none.0 of 0 people found the following review helpful. The World Champion's karate secrets in one book.By CmHJudah never disappoints. I gave a copy of this to a friend for Christmas. He's already beating up anybody and it's only the third week of January. He had decided to use these skills hunting. Unfortunately word got out and the World Wildlife Federation put deer on the endangered species list so he's back to just beating up

anybody. 0 of 0 people found the following review helpful. It could be better. By Josh Taylor Repetive and funny at first, boring later. But Judah himself apologized to me on social media. Just wish it was just a little more comedy diversity.

World Champion Judah Friedlander tells you How to Beat Up Anybody in this insanely hilarious satirical martial arts guide. Better known as an award-winning stand-up comic, actor, and star of 30 Rock, Friedlander shares his adventures in butt-kicking with lucky readers in a self-defense handbook in the gut-busting vein of The Truth About Chuck Norris.

From the Back Cover The most important book in karate history from the greatest martial artist: The World Champion Judah Friedlander. Finally a Karate book that prepares you for real-life dangerous situations! This book includes chapters on how to beat up Bigfoot, how to beat up someone with one arm, how to beat up someone with three arms, and how to beat up someone on a unicycle. Plus how to beat up street gangs, attackers with weapons, ninjas, dinosaurs, and gangs of street ninjas with weapons riding on dinosaurs! This book contains more than 500 photos! And lots of words! All guaranteeing that you'll learn how to beat up anybody! The World Champion is the greatest athlete in the world, has sex with lots of women, and is a role model to children. For the first time you can now witness his training techniques. Buy this book before he beats you up! About the Author One of the country's top comedians, Judah Friedlander stars in NBC's Emmy Award-winning hit comedy 30 Rock and has appeared in more than 30 films. He lives in New York City, where he performs stand-up almost every night.